

#### Art

How do I create things? In Grade 1, your child will create visual art by using a variety of media and techniques and will begin to think about what visual symbols mean. Through the four major components of the art program, they will explore form and function and develop decorative styles.

#### Bible

**Every story whispers his name!** There are lots of stories in the Bible, but all the stories are telling one Big Story. The Story of how God loves his children and comes to rescue them. It takes the whole Bible to tell this Story. At the center of the Story, there is a baby, and this is no ordinary baby. This is the Child upon whom everything would depend. Our Story starts where all good stories start.

## Health

I won't forget to wash my hands! Grade 1 students see the importance of establishing healthy habits, eating well and following safety rules at home and in school. They understand that they can be a good friend by taking turns, being kind and sharing. They also learn how to set goals to work toward.

## Music

Let the music move you! Your Grade 1 child will explore and describe the sounds around them, noting whether they're high or low. They will echo rhythms and express their feelings by using action songs, singing games and rhythm instruments.

# **Physical Education**

What are the benefits of an active lifestyle? Your child will take part in various activities that will help them to lead a healthy, active lifestyle. They will grow to appreciate the importance of physical activity, while discovering essential life skills, such as cooperation, leadership, fair play and teamwork.

